



Designated Hiking Trails

- AL Allis Trail (Blue Blazes)
- IH Indian Hill Trail (Yellow Blazes)
- SR Sterling Ridge Trail (Blue Blazes)
- WM Wild Cat Mountain (White Blazes)

Marked Wood Roads

- FT Fire Tower (Red Blazes)
- LL Lake to Lake (White Blazes)
- MM McKeages Meadow (Yellow Blazes)
- SL Sterling Lake (Blue Blazes)
- SV Sterling Valley (Yellow Blazes)
- WV West Valley (Green Blazes)
- LS Long Swamp (Orange Blazes)

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Sterling Forest® State Park



LEGEND					
	Sterling Forest State Park		Appalachian Trail		Public telephone
	No Hunting - Doris Duke Nature Sanctuary and other areas		Designated Hiking Trails		Trailhead
	Other State and Federal Lands		Seasonal Vehicle Access Roads		Seasonal Toilets
	Private and Other Lands		Marked Wood Roads (Foot Travel Only)*		Parking
			Primary & Secondary Roads		Seasonal Parking

* Subject to closure pending completion of comprehensive trails plan.

For Further Information
 Sterling Forest® State Park
 115 Old Forge Road
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